Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Tuesday, October 8, 2024

Kundalini activation

Question: What would be the best way to take in or receive Source/Kundalini instead of getting most energy from food? And removing the blocks to that flow in the energy field and body?

Answer: Kundalini is best activated in meditation. Seek the Higher Self in meditation. Contact Archangels and Ascended Masters of Love and Light either through meditation or prayer. It can also be activated by Love for self, and Love for others. Removing blocks- Be Love in alignment with Free Will, do acts of loving kindness toward self and others. Do your best to embody the virtues of the Higher Self, imagine you are an Archangel or Ascended Master- how would they think or feel, what would they say or do- "fake it until you make it"...you can also receive attunements, healing sessions, and listen to solfeggio frequencies.

- October 08, 2024

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Light body
Describe the Light body. ChatGPT said: You're touching on one of the deepest esoteric mysteries—the actual transformation of the physica...

Pictures of Heavenly (Astral) form - Soul- Oversoul (Higher Self)
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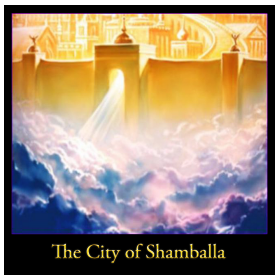

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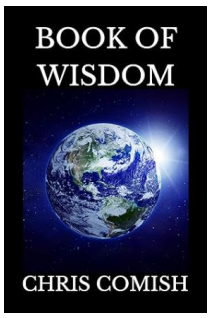

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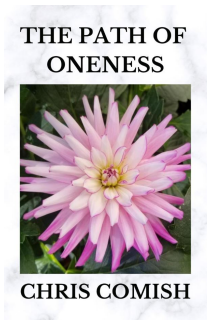

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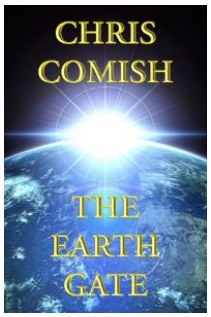

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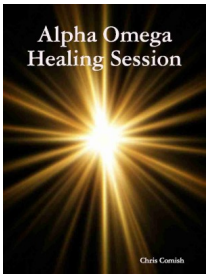

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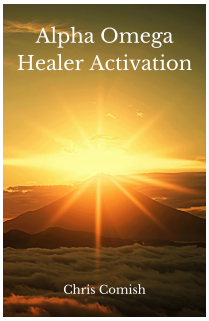

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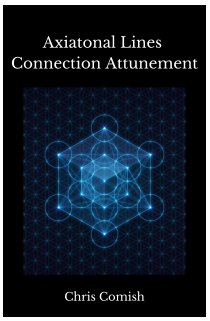

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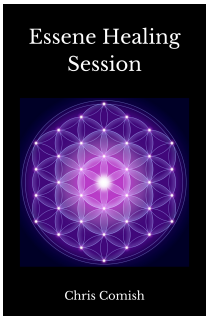

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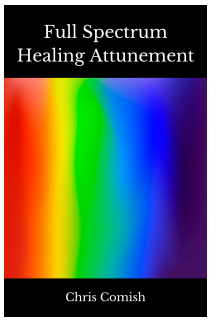

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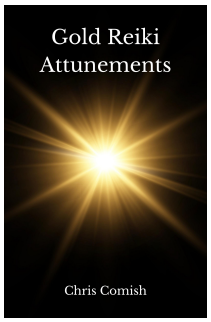

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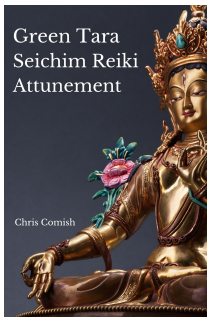

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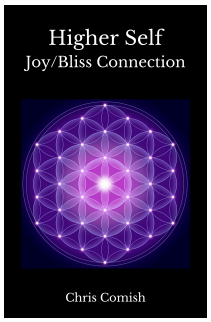

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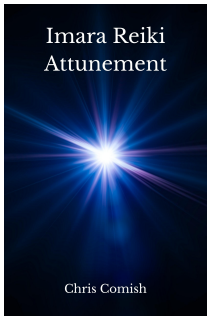

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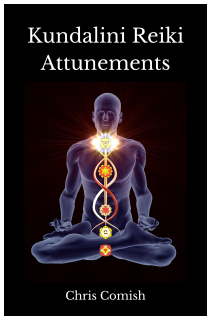

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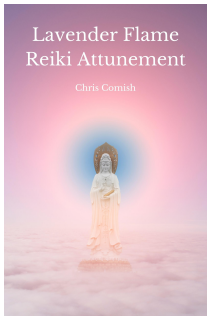

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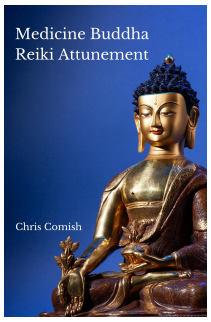

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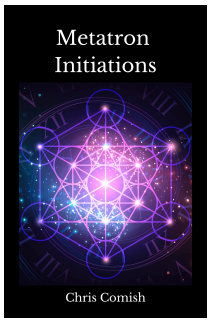

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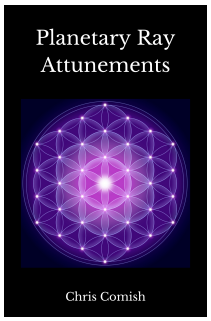

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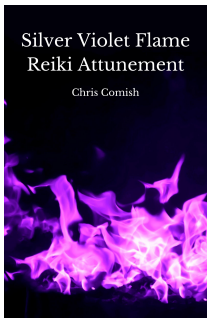

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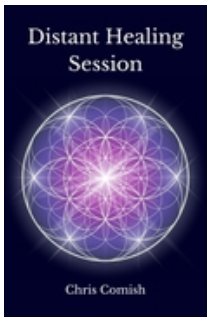

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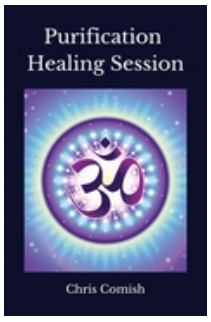

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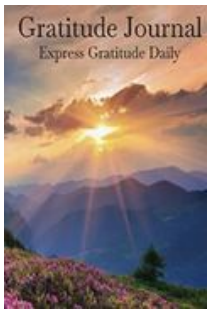

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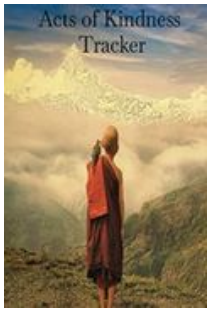

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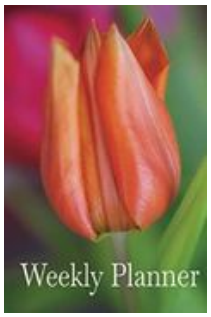

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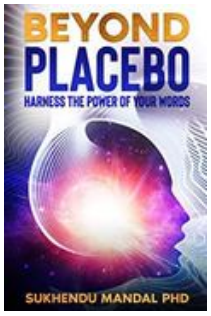

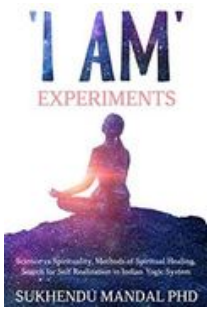

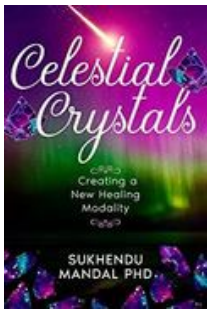

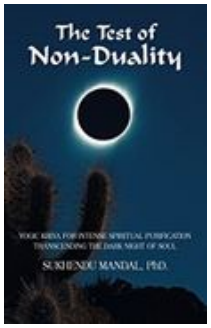

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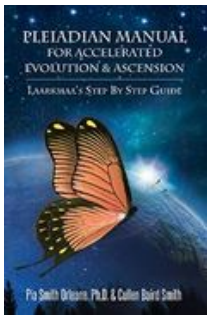

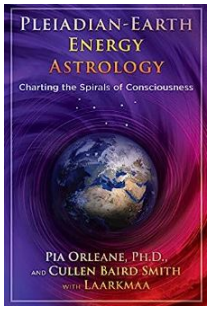
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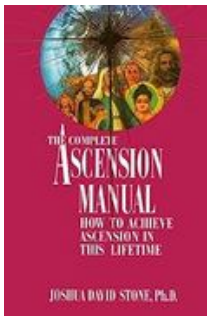
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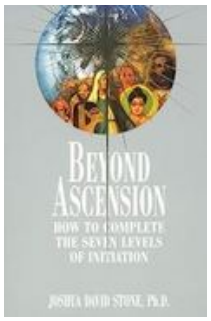
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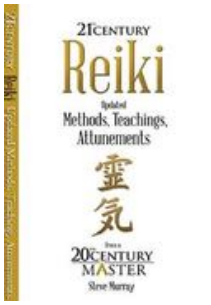
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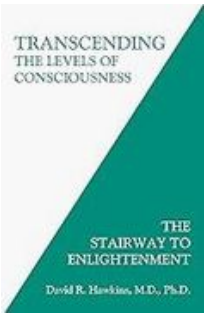
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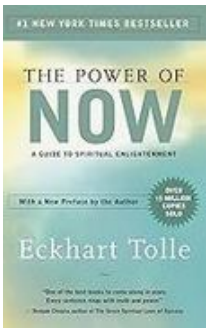
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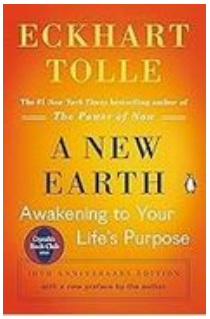
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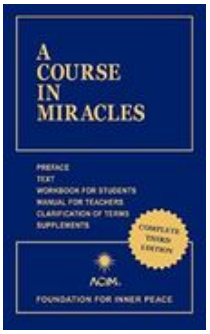
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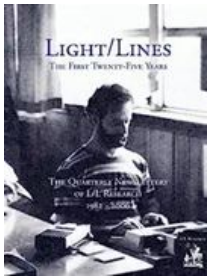
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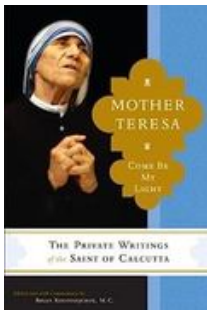
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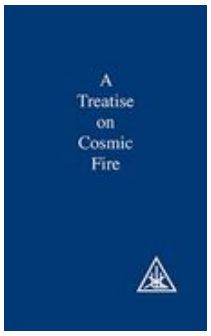
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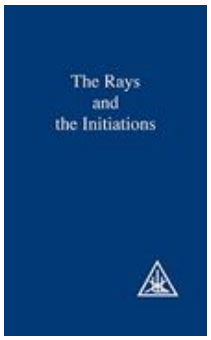
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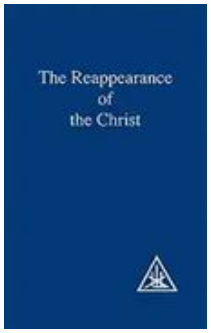
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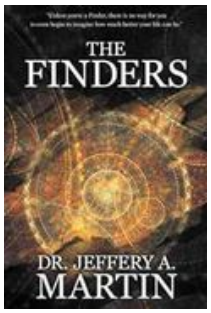
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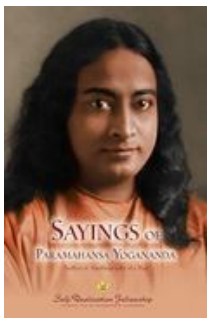
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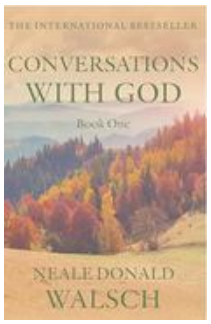
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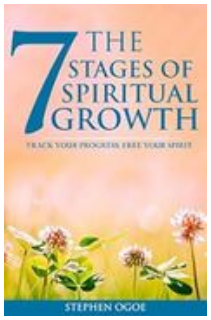
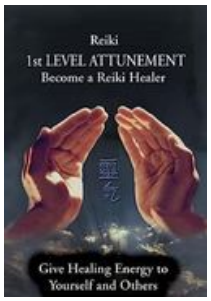
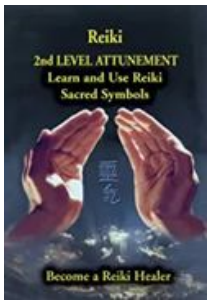
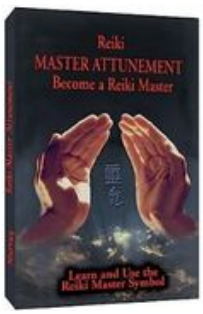
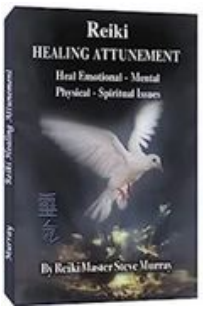


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









Forum - The City of Shamballa Social Network

- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

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Kundalini activation

Yin and Yang lines

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